

HAYES-TAYLOR MEMORIAL YMCA POOL SCHEDULE

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7:00am	8:15 Shallow Ex Deep Rec.	7:15 Deep Ex H2O Walking	8:15 Shallow Ex Deep Rec.	7:15 Deep Ex H2O Walking	8:15 Shallow Ex Deep Rec.	CLOSED	CLOSED
8:00am	8:15 Adult Swim Lessons	8:15 Shallow Ex Adult Deep Rec.	8:15 Adult Swim Lessons	8:15 Shallow Ex Adult Deep Rec.	Water Walking/Lap Swim	Contracted Groups	CLOSED
9:00am	Water Walking/Kiddie Kollege	9:00 Arthritis Water Ex Adult Rec. Deep	Water Walking/Kiddie Kollege	9:00 Arthritis Water Ex Adult Rec. Deep	Water Walking/Lap Swim	Contracted Groups	CLOSED
10:00am	Daycare Swim Adult Rec. Lap <i>Therapy</i>	Daycare Swim Adult Rec. Lap <i>Therapy</i>	Daycare Swim Adult Rec. Lap <i>Therapy</i>	Daycare Swim Adult Rec. Lap	Water Walking/Lap Swim	Contracted Groups	CLOSED
11:00am	Adult Rec. Lap <i>Therapy</i> 11:30 Water Exercise	Adult Rec. Lap <i>Therapy</i>	Adult Rec. Lap <i>Therapy</i> 11:30 Water Exercise	Adult Rec. Lap <i>Therapy</i>	Adult Rec. Lap 11:30 Water Exercise	Swim Lessons	CLOSED
12:00pm	Adult Rec. Lap <i>Therapy</i>	Adult Rec. Lap <i>Therapy</i>	Adult Rec. Lap <i>Therapy</i>	Adult Rec. Lap <i>Therapy</i>	Adult Rec. Lap	Swim Lessons	CLOSED
1:00pm	12:45 Water Exercise	Adult Rec. Lap	12:45 Water Exercise	Adult Rec. Lap	12:45 Water Exercise	Swim Lessons/Family Rec. Swim	CLOSED
2:00pm	Open Rec. Swim	Open Rec. Swim	Open Rec. Swim	Open Rec. Swim	Open Rec. Swim	Family Rec. Swim	CLOSED
3:00pm	Contracted Groups	Contracted Groups	Contracted Groups	Contracted Groups	Contracted Groups	Family Rec. Swim	CLOSED
4:00pm	Contracted Groups	Contracted Groups	YMCA After school Group	Contracted Groups	YMCA After school Group	Contracted Groups	CLOSED
5:00pm	Swim Lessons	Swim Club Swim Lessons	Swim Lessons	Swim Club Swim Lessons	Rec. Swim/ Lap Swim	Contracted Groups	CLOSED
6:00pm	Swim Lessons/ 6:45 Shallow Aerobics	Swim Lessons/ 6:45 Shallow Aerobics	Swim Lessons/ 6:45 Shallow Aerobics	Swim Lessons/ 6:45 Shallow Aerobics	Open Rec. Swim	Closed	Closed
7:00pm	Rec. Swim/ Lap swim	Rec. Swim/ Lap swim	Rec. Swim/ Lap swim	Rec. Swim/ Lap swim	Closed	Closed	Closed
8:00pm	Rec. Swim	Rec. Swim	Rec. Swim	Rec. Swim	Rec. Swim	Closed	Closed

Recreational Swim Hours: Mon-Thurs: 2:00pm-3:00pm, 7:30pm-8:30pm

Friday: 5:00pm-7:00pm; Saturday: 1:00pm-4:00pm